

CENTRAL INDIA INSTITUTE

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(Recognized by RCI and affiliated by Hemchand Yadav University, Durg)



CENTRAL INDIA INSTITUTE OF MENTAL HEALTH AND NEURO SCIENCES

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"There is only one success; to be able to live your life in your own way."



Brochure of Entrance Test - 2026-27

For Admission to M.A. Clinical Psychology (in place of present M. Phil. Clinical Psychology) and

B.Sc. Clinical Psychology (Hons.)

At Central India Institute, Dewada, Rajnandgaon, Chhattisgarh, India
(Private Autonomous Institute)

From the Founder Desk



When I graduated in Medicine from Gandhi Medical College Bhopal in 1963, I dreamt for an Institute with a plan to develop a full academic complex with multi glorious activities, specially medical education.

Initially I started my private practice in 1965 & as time passed, I always thought that with my sons, I would be able to fulfill this dream where we can jointly serve the society & nation through a quality medical facility equipped with latest technology equipments for education.

Central India College of Nursing was the first milestone towards fulfilling this dream. Recently, we started new RCI recognized courses, M. Phil. in Clinical Psychology & M. Phil. In Psychiatric Social Work. As the Founder of the Institution I am pleased to say that I had the opportunity to serve the society with this platform like Central India Institute.

I am confident that with the best effort by our team, this academic setup will grow up to the optimum heights and flourish to the maximum.

I wish the students all the Success.

FOUNDER

Director



MBBS, DPM (Psychiatrist)

It is matter of great pleasure that educational organizations are rising in Chhattisgarh with exponential multiplication vocational courses were always a demand of the society. Therefore, my organization provides professional courses for betterment of mental health areas.

The dynamic management of Central India Institute & CIIMHANS has fulfilled the demand of medical & mental health area by producing & promoting this education in Chhattisgarh as well as India.

Our Institution also organizing community mental health camps in various areas of Chhattisgarh. We are restoring the patient to his optimum level of functioning we are proving rehabilitation & De- addiction services.

We are with the students. Best of luck & hope the Institute with this course will definitely improve the quality of Mental health services. We also bounded to give better academic atmosphere and discipline to management & college.

With Warm Wishes

Dr. Pramod Gupta

President : Dr. Ram Lakhan Gupta Foundation

Director : CIIMHANS

Secretary



Success starts with a thought or an idea when nourished with hope and confidence, that idea sprouts, blossoms and leads to action with knowledge. Central India Institute & CIIMHANS area creation to provide quality of education & treatment which amplifies the strength and power to the society with the latest developments in the Mental Health Arena.

Furthermore we started to achieve new goal on beginning of RCI recognized courses. Since the year 2021 on courses like M. Phil. In Clinical Psychology (RCI Regt.) and M. Phil. in Psychiatric Social Work for contributing qualitative participation in the field of mental health.

We are all set to take the mission of imparting world class professional training to the aspiring mental health professionals, a new state of the art institution as an addendum to the existing infrastructure so as to fortify them contribute their best to the society and the country.

With Warm Wishes.

Dr. Praful Gupta

Secretary

Dr. Ram Lakhan Gupta Foundation

Joint Secretary



It is a great privilege for me to lead the Central India Institute as a “asst. Secretary”. Our focus at to develop standard care as a right of person with mental illness through starting new RCI regt. Courses and other professional courses. We also strive to reduce the stigma associated with mental disorder as well as focus on restoration of recovery through appropriate strategies of rehabilitation.

Harmony with diversity is only possible through mutual respect. You can change the world in a positive way by educating the society.

With Warm Wishes.

Dr. Prasant Gupta

Joint Secretary

Dr. Ram Lakhan Gupta Foundation

Introduction of CII and CIIMHANS

The Central India Institute (CII), established under the Dr. Ram Lakhan Gupta Foundation, is a distinguished academic institution dedicated to training the next generation of mental health professionals. Complementing this, the Central India Institute of Mental Health and Neurosciences (CIIMHANS) operates as a specialized psychiatric hospital under Dr. Ram Lakhan Gupta Hospital and Research Private Limited. Both institutions work collaboratively to bridge the gap between education, research, and high-quality mental health care, fostering a more informed and compassionate society.

Since its inception in 2007, CIIMHANS has been committed to ethical, patient-centered care, upholding the highest standards of integrity and professionalism. It is recognized as one of Central India's leading and OTABU & SAF-certified mental health hospitals, providing accessible and evidence-based psychiatric and neurological services.

Under the leadership of Dr. Pramod Gupta, DPM (Senior Psychiatrist), CIIMHANS is staffed by a highly qualified team of Psychiatrists, Physicians, Clinical Psychologists, Psychiatric Social Workers, Psychiatric Nurses, Occupational Therapists, and Physiotherapists. Together, they offer a holistic, multidisciplinary approach to mental health care, ensuring dignity, confidentiality, and respect for all individuals seeking support.

At the core of CIIMHANS' mission is a deep commitment to patient rights, ethical treatment, and informed decision-making. A dedicated team of empathetic care coordinators supports individuals and their families in understanding mental health conditions, treatment pathways, and associated costs with transparency and compassion.

With a focus on professional excellence, ethical responsibility, and community well-being, CII and CIIMHANS stand as trusted institutions, dedicated to enhancing mental healthcare and education for a more inclusive and healthier society.



Vision of Institute

The Central India Institute of Mental Health and Neuro Sciences (CIIMHANS) stands as a pioneering force in the field of mental health education, training, and treatment. With a commitment to transforming the landscape of psychiatric care, CIIMHANS aims to create a new generation of highly skilled mental health professionals who will revolutionize the way mental illnesses are understood and treated.

Our mission is not just to educate but to inspire, empower, and lead in the realm of mental health services. We are dedicated to bridging the gap between demand and availability of trained professionals, ensuring that mental health care reaches every corner of society.

CIIMHANS was founded with the unwavering vision of shattering the stigma surrounding mental health and establishing psychiatry as an indispensable pillar of modern medicine. The institute has well equipped infrastructure with classrooms, clinical facilities, and rehabilitation centers to support quality education, training, and patient care.

At CIIMHANS, we do not just produce professionals, we cultivate leaders, innovators, and change makers who will redefine the future of mental health care. We train our students to become professional, ethical, and competent mental health practitioners while also equipping them with the skills to establish themselves in the field and contribute meaningfully to society.



ADMISSION TO POSTGRADUATE ADMISSION (2026-2028 SESSION)



M. A. Clinical Psychology (in place of present M. Phil. Clinical Psychology)

Program Overview: This advanced training program prepares students to become competent Clinical Psychologists, skilled in psychological assessment, diagnosis, psychotherapy, rehabilitation, and mental health management. The course emphasizes evidence-based practices to enhance psychological well-being and improve the quality of life for individuals.

Eligibility Criteria :- Candidate to be eligible to appear for M.A. in Clinical Psychology entrance test, should have passed in 4year B.A./B.Sc. degree in Psychology with min. 50% marks or completed their graduation programme in 3 years shall have to pass fourth year Bridge course or first year of master programme in Psychology. From any recognized University/Institution with at least 55% marks (in case of SC/ST/OBC minimum 50% marks).

Duration :A two-year full-time professional training program divided into Part-I and Part-II, providing extensive hands-on experience in clinical settings.

1. B.Sc. Clinical Psychology (Hons)

Eligibility Criteria :- Candidate to be eligible to appear for B.Sc. Clinical Psychology entrance test, should have completed **12th class with Science** stream of equivalent. From any recognized University/Institution.

Duration :A two-year full-time professional training program divided into Part-I and Part-II, providing extensive hands-on experience in clinical settings.

GENERALINSTRUCTIONTOTHECANDIDATES

- 1 The institute does not provide accommodation for candidates appearing for the entrance examination.
- 2 No TA/DA (Travel Allowance / Dearness Allowance) will be provided to the Candidates or accompanying members.
- 3 Candidates must bring a blue or black ball point pen for filling out the OMR sheet.
- 4 The question booklet will consist of 100 multiple-choice questions (MCQs), based on the prescribed postgraduate syllabus at the national level.
- 5 Candidates must enter the examination hall 30 minutes before the exam begins.
- 6 Leaving the exam hall is allowed only after the completion and submission of the paper.
- 7 The use of electronic devices (such as mobile phones, smart watches, or calculators) is strictly prohibited in the examination hall.
- 8 Marking Scheme: +1 mark for each correct answer.
- 9 -0.25 marks will be deducted for each incorrect response.
Practical Examination and Final Selection:
- 10 A practical / viva-voce examination will be conducted during the interview process, in accordance with Rehabilitation Council of India (RCI) norms.
- 11 Candidates must qualify for the written examination to proceed to the practical/viva-voce stage.
- 12 Final selection is based on the candidate's overall performance in the entrance exam and the interview.

DEPARTMENT OF CLINICAL PSYCHOLOGY

The Department of Clinical Psychology at Central India Institute of Mental Health and Neurosciences (CIIMHANS) was established in 2007 under the leadership of Dr. Pramod R. Gupta (Director & Psychiatrist). Committed to ethical and evidence-based mental health care, the department focuses on assessment, diagnosis, treatment, teaching, research, and prevention to enhance emotional, social, and behavioral well-being. It offers specialized psychological services, including psycho-diagnostic assessments, aptitude testing, and neuropsychological evaluations, using internationally validated tools such as MPQ, MMPI, MCMI, TCI, Rorschach Inkblot Test, and TAT. The treatment approaches integrate Cognitive Behavioral Therapy (CBT), Rational Emotive Behavior Therapy (REBT), Mindfulness-Based CBT (MBCBT), Relapse Prevention Therapy (RPT), Dialectical Behavior Therapy (DBT), and Interpersonal and Social Rhythm Therapy (IPSRT) to provide personalized and effective interventions.

To address the growing need for skilled mental health professionals, the department introduced the M.Phil. in Clinical Psychology program in 2021 at the Central India Institute, which is recognized by the Rehabilitation Council of India (RCI) with an annual intake of 12 students per batch. It also offers structured internship programs, ensuring hands-on clinical exposure and professional training. The department maintains a rigorous academic environment, conducting lectures, seminars, case discussions, and psychotherapy meetings for students of Clinical Psychology, Psychiatric Social Work, and Psychiatric Nursing. Additionally, trainees actively participate in journal clubs, interdisciplinary research, and departmental conferences, fostering a culture of continuous learning and innovation.



Clinical services:

1

The department is equipped with a state-of-the-art psychological assessment laboratory, supporting high-quality mental health services and research. It houses a range of tests for personality assessment (MMPI-II, EPQ, CPQ, RPFT, MCMI-III, etc.), neuropsychological evaluations (N-FAB, PGI-BBD, Raven's Progressive Matrices, AIIMS Battery, BGT-II, etc.), and cognitive and behavioral assessments (MISIC, DST, WAIS-IV, SBIS, and screening tests for learning disorders). Through its scientific rigor, ethical approach, and commitment to mental health advocacy, the Department of Clinical Psychology at CIIMHANS continues to be a leading center of excellence, dedicated to advancing mental health care, education, and research for a healthier and more inclusive society.



Departmental activities:

2

The Department of Clinical Psychology has well trained and qualified faculty members. The departmental conducts regular academic classes and weekly departmental seminars and psychotherapy meetings based on the course curriculum for the students as well as for students of other disciplines such as Psychiatric Social Work and Psychiatric Nursing. The trainees are required to present and participate in departmental case conferences, seminars and journal clubs.



3

Laboratory

The department has well-equipped psychological assessment infrastructure to facilitate better mental health services and training mental health professionals. The laboratory is well stocked with various tests for assessment of personality (MMPI-II, Rorschach Inkblot Test, EPQ, CPQ, RPFT, MCMI-III, CAT, TAT & etc), Neuro psychological testing (N-FAB, PGI-BBD, Raven's Progressive Matrices, AIIMS Battery BGT-II and etc.), and other domains of human behavior (MISIC, DST, WAIPIS, WAIS-IV, etc).

DEPARTMENT OF PSYCHIATRIC SOCIAL WORK

The Department of Psychiatric Social Work at CIIMHANS was established in 2007 . with the aim to enhancing social functioning by addressing individual and group dynamics, fostering social relationships, and improving interactions between individuals and their environments. To strengthen its academic offerings, the department introduced an M. Phil. in Psychiatric Social Work in 2021, affiliated with Hemchand Yadav University, Durg, with an annual intake of 30 students.



1

Clinical services:

The department provides comprehensive case assessments and psychosocial evaluations, offering therapeutic interventions such as individual counseling, cognitive and behavior modification therapies, group and marital therapy, family therapy, and community resource linkage. These services aim to enhance coping mechanisms, improve family dynamics, and connect patients with essential support systems.



2

Departmental activities:

Academically, the department conducts regular lectures, weekly seminars, psychotherapy meetings, case conferences, and research presentations to ensure in-depth learning. Students receive practical training in psychiatric social work services, therapy, and community outreach, gaining hands-on experience under the supervision of experienced faculty. These initiatives equip students with the clinical and academic expertise needed to support individuals facing mental health challenges.



COURSES & SEATS

M.A. Clinical Psychology (in place of present <i>M.Phil Clinical Psychology</i>) (2 year annual exam. pattern)	10 Seats
B.Sc. Clinical Psychology (Hons.) (4 year Semester exam pattern)	40 Seats
B.Ed (2 year semester exam pattern)	100 Seats
Diploma in Psychiatric Nursing (1 year annual exam pattern)	10 Seats
M.Sc Nursing (Psychiatric) (2 year annual exam pattern)	05 Seats
B.Sc Nursing (4 year semester exam pattern)	50 Seats
Post Basic B.Sc Nursing (2 year annual exam pattern)	30 Seats
G.N.M (3 year annual exam pattern)	40 Seats

OUR PROPOSAL COURSES

2027-28

(RCI Affiliated Courses)

- 1. Professional Diploma in Clinical Psychology**
- 2. P.G. Diploma in Rehabilitation Psychology**



OPD Block



एडमिन ब्लॉक

Admin Block



Wards



**Academic Block &
De-Addiction Department**



Staff Quarters



Library



Ward



Canteen



CIIMHANS